



ZED School

February
2023

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Plain Long John Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	2 Breakfast Pizza Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	3 Mini Eggo Waffles Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk
6 Pancake on a Stick Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	7 Mini Donut Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	8 Coffee Cake Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	9 Breakfast Pizza Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	10 Breakfast Burrito Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk
13 Cheesy Ham Melt Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	14 Chocolate Chip Muffin Cheese Stick Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	15 Cinnamon Roll Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	16 Breakfast Sandwich Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	17 Mini Eggo Waffles Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk
20 Brekkie Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	21 Breakfast Sandwich Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	22 Breakfast Pizza Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	23 Cinnamon Roll Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	24 Breakfast Burrito Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk
27 Brekkie Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk	28 Chocolate Chip Muffin Cheese Stick Choice of Cereal Educational Crackers Fruit or Juice Selection 1% Milk			

PRICES

Student \$1.90
 Adult Breakfast \$2.55
 Premium Adult Meal

EXTRA INFO

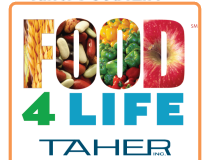
Milk choice of 1% or chocolate, is included with your Lunch.
 For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
 Taher Food4Life®



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